



Camala Rodriguez Fitness & Entertainment

DBA Catalyst Pro Performance

Parent/Guardian Consent Form

Catalyst Pro Performance is a Limited Liability Company (LLC) providing physical fitness and nutrition plans designed for individuals looking to improve their overall physical health and conditioning. Clients are participating at their own risk and are responsible for communicating needs and challenges with their coach or trainer. Our goal is only to help everyone achieve their personal goals and all plans are developed according to the information clients provide in their initial screening.

Consent:

I, _____, hereby agree as follows:
(Print Name)

1. I am the parent or the legal guardian of the client identified below.
2. I have read and understood the Catalyst Pro Performance Services Agreement, and I agree, on behalf of my child that he/she will be able to participate in the activities described therein.
3. By signing this consent form, I consent to my child's participation in a personalized Health & Fitness Plan and allow my child to participate in all associated activities.
4. By signing this consent form, I confirm that I am legally competent to contract on behalf of my child.

Client Name: _____

Parent/Legal Guardian's Signature: _____

Date: _____

Email Address: _____